

Fredericksburg, VA Safety Beyond Police

List of Mediation & Hotlines resources

- **Homelessness Helpline: (540) 358-5801** Please contact the helpline if you are in any of the following situations: sleeping outside (including in a car, tent, or abandoned building), in need of emergency shelter, or at risk of sleeping outside or needing emergency shelter within 14 days. You will be connected to services provided by [Brisben Center](#), [Micah Ecumenical Ministries](#), [Loisann's Hope House](#), or other community services.
- **Runaway and Homeless Youth:** Call **1-800-SAY-TEEN** or text "TEENHELP" to 855-11. This 24/7 crisis hotline is provided by [Second Story](#), a non-profit providing youth services and safe shelters.
- **Victim Support: 1 (855) 4-HELP-VA (855-443-5782)** [Virginia Victim Assistance Network](#) Victim Assist Helpline, available to call, text, or chat on their website. The Network is a statewide nonprofit providing services including victim support groups, information regarding legal rights, and connecting with low or no cost attorneys. All services are free, safe, and confidential.
- **Domestic Violence: (540) 373-9373** [Empowerhouse](#) provides a 24/7 hotline offering free and confidential services to victims and their children. Hablamos Espanol. [Informacion en Espanol](#).
- **Sexual Assault: (540) 371-1666** [Rappahannock Council Against Sexual Assault](#) 24/7 Crisis Hotline. RCASA provides counseling, case management, and advocacy at no charge for all survivors of sexual violence, including men and members of the LGBTQ+ community.
- **Police Misconduct :** [File a Police Complaint](#) **(540) 373-3122** Ask to speak with a supervisor. You can also file a complaint by contacting the Office of Accreditation and Professional Standards **(540) 654-5768**, writing a letter to the Chief of Police, and completing a Citizen Complaint Form.
- **Healthcare: (540) 741-1061** [The Lloyd F. Moss Free Clinic](#) provides medical and dental care at no charge to low-income, uninsured, underinsured and underserved adults.
- **Disability Advocacy: (540) 373-2559** [disAbility Resource Center of the Rappahannock Area, Inc.](#) dRC provides peer counseling, deaf and hard of hearing services, veteran's outreach, information and funding for accessible housing, and access to advocacy groups.
- **Mental Health of America Virginia Warm Line: 1-866-400-MHAV (6428)** Monday - Friday 9am - 9pm, Sat & Sun 5pm - 9pm. The [MHAV Warm Line](#) is a peer-run service for residents of VA who would like someone to talk to, or who request community mental health resources, or who have specific questions about their recovery journey. *This is not a hotline.* If you are in **crisis**, please call the National Crisis Hotlines **1-800-273-8255**.
- **Addiction Support:** [Alcoholics Anonymous](#) Hotline **(540) 752-2228**. [Rappahannock Area Narcotics Anonymous](#) 24-Hour Information Line **(800) 777-1515**. *This is not a hotline.*
- **Rappahannock Area Community Services Board (RACSB) - (540) 373-6876** RACSB's Emergency Services assist those experiencing a psychiatric crisis. *Police may be triggered if the person is believed to be a danger to themselves or others and refuses to go to the hospital voluntarily.*