# ALTERNATIVES TO CALLING THE POLICE fairfax county, virginia

## PROFESSIONAL RESOURCES

## **MEDIATION**

## Northern Virginia Mediation Service

## 703-865-7272 | M-F 9:00 AM-5:00 PM

Facilitates people coming together to listen and be heard, to identify issues and work on them together, and to find common ground. Services are voluntary and available to the community on a sliding scale. Both parties must be willing to engage.

## **SUBSTANCE USE**

## **Fairfax Detox Center**

## 703-502-7000 | 24/7

Provides referrals as well as a short-term emergency residential substance abuse program for adults to safely detoxify from the effects of drugs and/or alcohol. Services include medical detoxification, buprenorphine detoxification, outreach, and social detoxification.

## **SEXUAL & DOMESTIC VIOLENCE**

## **Domestic & Sexual Violence Hotline**

## 703-360-7273 | 24/7

Shares referrals for women, men, teens, and children experiencing domestic and/or sexual violence, stalking, or human trafficking.

## **Artemis House**

## 703-435-4940 | 24/7

An emergency shelter for victims of domestic violence in need of a confidential place to stay, emergency transportation, safety planning, and/or food and clothing. Legal, counseling, employment, and childcare resources also available.

## **VICTIM SUPPORT**

## **VA Victim Assistance Network**

I-888-887-3418 | M-F 9:00 AM-5:00 PM Helps victims of harm understand their rights and options, find information and connect with resources, access referrals, and craft next steps to regain control over their lives. Services are available for free.

for more information bit.ly/fairfaxcountysafetybeyondpolice

## **MENTAL HEALTH**

## **Emergency Services & Mobile Crisis Unit**

## 703-573-5679

Emergency Services provides 24/7 referrals for mental health support. Trained mental health professionals with the Mobile Crisis Unit respond to adult mental health emergencies daily from 8 AM to midnight.

Children's Regional Crisis Response (CR2)

## 571-364-7390 | 24/7

Offers rapid response support to youth (17 and younger) facing a mental health and/or substance use crisis. Trained counselors provide phone screenings and face-to-face assessment, intervention, and support.

## **VA REACH Program**

## 855-897-8278 | 24/7

Provides crisis support for adults and youth with co-occurring mental health and developmental disabilities who may be at risk for hospitalization or other harm.

Services available to individuals regardless of ability to pay.

## **RUNAWAY & HOMELESS YOUTH**

## **Second Story**

## I-800-SAY-TEEN or text "TEENHELP" to 855-II | 24/7

Provides referrals and an emergency safe haven for teens in crises such as homelessness, abuse, trafficking, neglect, or other harmful situations. If you want to avoid mandatory reporting, avoid giving identifying information. Rapid re-housing and transitional living services also available for homeless young people (age 18-24), including young women (age 16-24) who are pregnant or have young children.

## **FOOD & SHELTER**

## **Coordinated Services Planning**

## 703-222-0880 or 211 | 24/7

A centralized hub for information and referrals for human services resources, including emergency food, housing, and/or financial assistance.

## COMMUNITY EXAMPLES

- Audre Lorde Project's Safe Outside the System
- · Philly's Pissed & Philly Stands Up
- Buoy App: Community Based Crisis Response System
- Incite! Stop Law Enforcement Toolkit & Community Accountability Best Practices

## **MORE INSPIRATION**

- What to Do Instead of Calling the Police by Aaron Rose
- Calling Someone Other Than the Cops by Conor Friedersdorf
- Feelings for the Edge of Your Imagination: Finding Ways Not to Call the Police by Caroline Loomis

# HOW TO START BUILDING ALTERNATIVE STRUCTURES TO POLICE IN VIRGINIA

- I) Know your neighborhood: meet your neighbors; learn their names, who they are, and their contact information; say hello when you walk by.
- 2) Follow, volunteer with, and support the work of LaColectiVA, Justice for Muslims Collective, & Sanctuary DMV.
- 3) Learn skills that can help keep your community safe:
  - Street Harassment, De-escalation, & Bystander Intervention Training
  - Rapid Response & Accompaniment Training
  - Conflict Resolution & Mediation Training
- 4) Join Showing Up for Racial Justice Northern Virginia: SURJ Northern Virginia organizes white people around racial justice and police abolition. Learn more by visiting https://www.surjnova.org and following along on Facebook & Twitter.