Alternatives to Calling Portland Police

Important: While the resources below offer alternative solutions to calling the police, **there is no guarantee that these organizations will not involve law enforcement** as they deem necessary. For general community resources, call 211 or visit 211info.org.

Suicide: Lines for Life **800-273-8255**
24-hour crisis line, offers help to individuals and loved ones in crisis or when needing confidential help for drug addiction, alcohol abuse, thoughts of suicide, and other mental health issues.

Report Sex Worker Violence: Portland Bad Date Line **503-535-3901**
Anonymously provide reports of abusive sex work clients through telephone, emailing Pdx.bad.dateline@gmail.com, or in person at Outside In.

Immigrant Support: Portland Immigrant Rights Coalition **888-622-1510**
Call if you see an Immigration/ICE raid in the area. Para reportar redadas de la migra en el área de Portland y sus alrededores. Llame si usted ve que una redada de la MIGRA o ICE está ocurriendo.

Trans Support: Trans Lifeline **877-565-8860**
Grassroots hotline with a policy against non-consensual active rescue. Offers direct emotional and financial support to trans people in crisis—for the trans community, by the trans community.

Houseless Youth: National Runaway Safeline **800-786-2929**
24-hr hotline offering support in finding shelter, food, medical assistance, counseling for runaway & houseless youth. Also provides mediation between family and free bus tickets home. Text: 66008

Domestic Violence: Call to Safety **888-235-5333**
Comprehensive crisis line, follow-up advocacy, support groups, community outreach and education.
Violencia Domestica y Sexual: Proyecto UNICA **503-232-4448**
Una línea para ayuda en crisis, planificación de seguridad, abogacía de vivienda, y grupos de apoyo.
Домашнее насилие: РОСС Программа помощи жертвам домашнего насилия **503-777-3437**
Круглосуточная кризисная линия и помощь в кризисных ситуациях

Mental Health: Multnomah County Crisis Line **503-988-4888**
Team of mental health professionals help anyone facing mental health in any language.
Additional counties—Clark: 360-696-9560, Clackamas: 503-655-8585, Washington: 503-291-9111
Mental Health: Unity Center for Behavioral Health, 1225 NE 2nd Ave **503-944-8000**
24-hour behavioral/mental health services providing immediate and long-term psychiatric care.

Jail Support: Portland General Defense Committee **503-208-4782**
In the event of an arrest relating to political activities, the GDC offers access to legal support and strategic resistance.
Jail Support: National Lawyers Guild **503-902-5340**
Call if: in jail and/or after release, witness arrests, or witness/experience police brutality. NLG aims to be the legal arm of Portland's radical movement. Repeat or leave message if needed.

Anonymously Report Hate Crime: Rose City Antifa **971-533-7832**
Leave a voicemail or email fight_them_back@riseup.net to report an incident of hate or give tips on hate group sightings in the city. Overreporting is better than underreporting.

For more information, visit carepdx.org